

Eat a Turkey - Don't Be One!

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Be a "Thinking of Others" Person on Thanksgiving

Thanksgiving is coming up and that day is usually filled with lots of food and spending time with family. The holidays are also days when we need to think of others. How can we show others that we are thinking about them on holidays?? Well let's put our brains to work and figure this out!!!!

Why is it important to think about others on Thanksgiving?

How do you want your family and friends to think about you?

What can you do to be a "team player" before the guests arrive?

How can you show Mom (or the person making the food) that you are thinking about her?

What could you say?

How do you show others (cousins, grandparents, aunts/uncles) you are "thinking" about them when they arrive...

with your body? _____

with your words? _____

with your eyes? _____

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What are 3 things you should remember when talking to a relative?

1. _____
2. _____
3. _____

If you go to someone else's house for Thanksgiving, how do you show those people you are thinking of them when you arrive at their house? What could you say?

How can you show people that you are thinking about others at the table...

with your body? _____

with your words? _____

With your eyes? _____

Give examples of how you can keep making good impressions during the meal.

What is one "thinking of others" thing that you can work on during the day?

Be a Good Problem Solver and Make Good Choices on Thanksgiving

1. What if the turkey is a little burnt and kind of dry? What should you say?
What should you not say?

2. What if someone is serving something for dinner that you don't like?
What should you say? What should you do? Is this a time to be a flexible thinker?

2. What if you are bored by the conversation at the table?

3. What if you have done a good job being part of the group but you are getting frustrated and you need a break? What can you do?

4. What can you say to your mom and dad ahead of time so that they will be more likely to let you leave the table early?

5. If there are other children at the Thanksgiving party/get-together, what are some ways you could play with them so that they feel you want to be "part of the family?"